

## 'Fluidity of Fascia, nervous system and coherence of the organism'

Intention for the workshop is to introduce and expand on the latest research on Fascia and its interconnectedness with our nervous system, fluid systems in the body and the cellular function.

What we need to know as therapists about the Fascia and how practically we can work with Fascia?

How the health of the organism expresses in coherent fields of Fascia? How Non-Newtonian physics can help us understand and connect better with the inner forces that govern our body?

We will explore these subjects through a power point presentation, videos, practical exercises and hands on work.

## Tutor:

## Cheda Mikic

## Naturopath, Craniosacral therapist, Fascia specialist and TRE Trainer.

He has been working and teaching in the field of Complementary medicine for over 30 years.

In his practice he works with range of techniques and methods in order to facilitate the natural healing mechanism in the human body. He uses different therapies that help regulate the brain networks and fluid systems in human organism, through deep innate vibration, pulsations and spontaneous movement.

Cheda is a director of education in the TRE® UK Association. He leads and teaches TRE Centre in the UK and Internationally He leads and teaches TRE School in Rome, Italy.

Cheda is committed to continuous professional development for the practitioners of all complementary therapies by teaching Advanced Workshops with a range of specialised subjects. His focus is on the Anatomy, Psychology, Fascia research, Brain Science and Neurophysiology.

For more info about Cheda: <u>www.trecentre.com</u> www.metodotre.it <u>www.chedamikic.com</u>

