

- **PSB elections – next round begins**

The election process for Microsystems Acupuncture, Naturopathy and Sports Therapy Profession Specific Boards (PSBs) will begin on Monday 2 October 2017.

PSB members are elected by registrants to give CNHC registered practitioners a direct say in who will act as advisers to CNHC's Board. Any registrant from Microsystems Acupuncture, Naturopathy and Sports Therapy is able to stand for election for the relevant PSB, including those who are currently members of the PSB.

You can see full details of these PSB elections at [www.cnhc.org.uk](http://www.cnhc.org.uk) under 'News' or here: [CNHC PSB election October - November 2017](#)

- **Nice news on NICE guidelines for Parkinson's Disease**

In October 2016 CNHC liaised with the Society of Teachers of the Alexander Technique (STAT) to coordinate our responses to the National Institute of Health and Care Excellence (NICE) consultation on its guidelines for Parkinson's Disease. The Alexander Technique had been included in the original guideline but NICE's draft guideline proposed removing the specific recommendation for the Technique and instead included mention of it under physiotherapy.

The final guideline was published in late July 2017 and we are delighted to see that the recommendation for the Alexander Technique has been reinstated. The updated guidelines contain the following statement in the section called 'Non-pharmacological management of motor and non-motor symptoms': *1.7.4 Consider the Alexander Technique for people with Parkinson's disease who are experiencing balance or motor function problems.*

The link to new guidelines is: [www.nice.org.uk/guidance/ng71](http://www.nice.org.uk/guidance/ng71). You can read CNHC's response to this and other consultations on our website at: <https://www.cnhc.org.uk/other-publications-and-consultation-responses>

- **NICE – get involved**

NICE welcomes the public to Question Times ahead of its Board meetings. The Question Times are a unique event which give the public the opportunity to put questions directly to NICE's Chair, Chief Executive and other NICE senior staff. The next NICE Question Time and Board are being held on Wednesday 20 September 2017 in Birmingham.

NICE is also seeking members for a wide range of committees and working groups. These groups are made up of health, social care and other professionals and practitioners, patients, service users, carers and members of the public, and technical experts.

You can get involved in these or other NICE activities by visiting: <https://www.nice.org.uk/get-involved>

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